

A Gestalt Retreat

“Start Where You Are”

A weekend for you to explore your inner and outer world through meditation, nature, music, art.
A Time For You!

Lose your mind and come to your senses

Perls

Encounter presence in the now

Friday 18th, Saturday 19th & Sunday 20th August 2017

Arrive Friday by 5pm. Ending Sunday at 3pm

VENUE

the beautiful residential setting:

Teach Bride, Tullow, Co. Carlow

Fee: €450 all inclusive



Facilitator

Karen Ilean Shorten

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