

MCCARTHY O'CONNOR TRAINING AND CONSULTANCY LIMITED

Present a one-day workshop for Counsellors/Psychotherapists.

Bereavement Loss and Traumatic Death Helping the Survivors.

Trauma is a distressing event in which a person often feels severely threatened emotionally, psychologically, or physically. Most people will experience a traumatic event at some point in their lives, e.g. a car accident, abuse or neglect, the sudden death of a loved one, a violent criminal act, or a natural disaster. Many people recover from trauma, but for others, the effects of trauma are lasting, causing a person to live with deep emotional pain, fear, confusion. Often, the support, guidance, and assistance of health professionals are fundamental to healing from trauma. The day explores issues arising from those who have experienced traumatic loss in their lives, and, while including some theoretical inputs, is participative and experiential in nature.

Date: Saturday 26 January 2019.

**Venue: Great National South Court Hotel.
Raheen, Limerick V94 E77X**

Time: 9.30am to 4.30pm

CPD Hours 7. Attendance Certificates will be issued on the day.

Cost: €80 which includes tea/coffee and biscuits.

Limited number of places available. Early booking advisable.

For Bookings and information please contact

Sean@moct.ie or by mobile at (087) 2666390



Seán McCarthy one of our presenters is currently Co-chair of the International Association of Suicide Prevention (IASP) Special Interest Group on Traumatic Bereavement and Loss. In 2017 he was presented with the IASP Farberow Award *“In recognition of outstanding contributions in the field of bereavement and survivors of suicide loss”* He is the first Irish person to receive such International recognition.