

# EMDR TRAINING

With Gus Murray



**Galway 2019 - 20**

## **THIS EMDR THERAPY TRAINING AIMS TO:**

- I. Facilitate trainees to learn the principles and practices of EMDR Therapy and to become proficient in their use
- II. Prepare trainees to integrate EMDR Therapy into their clinical practice.

Towards these ends, the training will include a combination of interactive theoretical input, demonstration, skills practice, supervision and case consultation.

## **TRAINING SCHEDULE**

The training will take place in three modules of 2.5 days each – Friday 2.00pm to 7.00pm; Saturday and Sunday, 9.00am to 5.00pm. The dates for Galway 2019-20 are September 27th to 29th, 2019; November 22nd to 24<sup>th</sup>, 2019; February 28th to March 1<sup>st</sup>, 2020. In conjunction with the main training modules, trainees will receive 12 hours of supervision, case consultation and integration.

**DELIVERY:** The training will be delivered by EMDR Europe Accredited Trainer, Gus Murray, in conjunction with a team of facilitators. The training will take place in the Menlo Park Hotel, Galway.

**APPLICATION:** To join the training, you should complete the attached application form and return it to Gus Murray by email at [gus@emdrtraining.ie](mailto:gus@emdrtraining.ie). Places will be offered on a first come basis.

**ELIGIBILITY:** Applicants for the EMDR training must satisfy the eligibility requirements of EMDR Europe. Please consult eligibility requirements on application form.

**ACCREDITATION:** This training will satisfy the training requirements to enable participants to seek professional accreditation as an EMDR Europe accredited practitioner.

## **COURSE FEE**

Details of the course fee can be found in the application form.

## **ATTENDANCE**

Attendance at all course sessions is a requirement of certification.

## **TRAINER**

Gus Murray is an EMDR Europe Accredited Trainer and Consultant with over 25 years' experience in the use of EMDR therapy. Gus is a highly experienced Counselling and Psychotherapy trainer having been programme director and lead trainer at the Cork Institute of Technology for over 25 years. He is widely recognised for his capable, dynamic and interactive training style which is endorsed by repeated feedback from participants.

Gus was the recipient of the Carl Berkeley memorial award (2017) from the Irish Association for Counselling and Psychotherapy in recognition of his outstanding contribution to the development of the counselling and psychotherapy profession.

Gus is chairperson of EMDR Ireland National Regional group and represents the Republic of Ireland on the boards of EMDR UK and Ireland and EMDR Europe. He has presented at EMDR conferences and events throughout Ireland, the United Kingdom and Europe.

Gus has over 25 years' experience as a mental health clinician and trainer.