

# Knock Counselling Centre Presents 2 workshops with Dr Charles O'Leary, Ph.D

## A Dialogue with Carl Rogers and Today's Clients

Friday 12<sup>th</sup> May 2017 - Cost: €100

In this workshop Charles will present his dialogue with Carl Rogers during forty years of counselling.

The day will include:

- Similarities and differences in client expectations since Carl Roger's years
- Remaining client-centred at all times
- Discussion of Carl Rogers' six conditions for a good therapeutic alliance
- The counsellor's journey, dilemmas and break-throughs with demonstration interviews



## The Practice of Person-Centred Couple and Family Therapy

Saturday 13<sup>th</sup> & Sunday 14<sup>th</sup> May 2017 - Cost: €200

Charles O'Leary will facilitate a two-day workshop on person-centered couple and family therapy to include:

- Creating space for relationship change and factors for effective couple and family therapy
- Balancing structure with client ownership of sessions
- Facilitating client listening to each person's predicament
- Demonstration of different couple situations; especially those brought by participants
- Difficult and feared situations: respecting trouble without getting lost in it

During the early 1970s Charles O'Leary studied alongside Carl Rogers. He is the author of *The Practice of Person-Centred Couple and Family Therapy* (Palgrave MacMillan, 2012) and *Counselling Couples and Families: A Person-Centred Approach* (London, 1999), the first book to integrate Carl Rogers' therapeutic conditions with couple and family therapy.

For bookings and enquiries:

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Or download a copy of the Booking Form on our Facebook page

