

# LISTENING TO DEPRESSION AND ANXIETY: HUMAN NEEDS AND WHAT MAKES LIFE WORTH LIVING

Dr. Barbara Dowds

## Invitation to public lecture

**Date:**

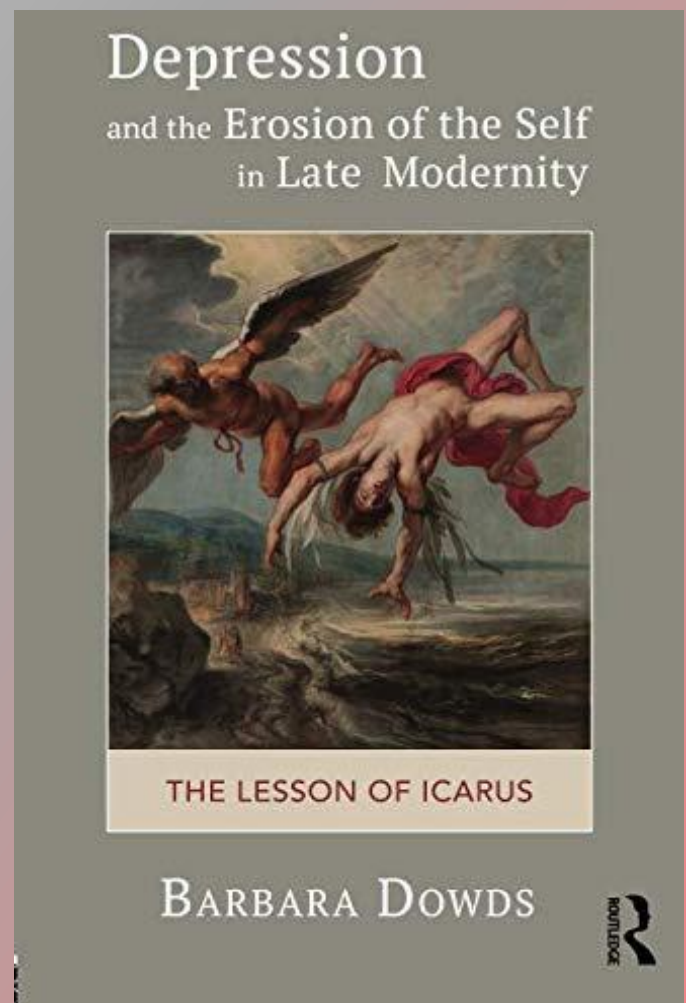
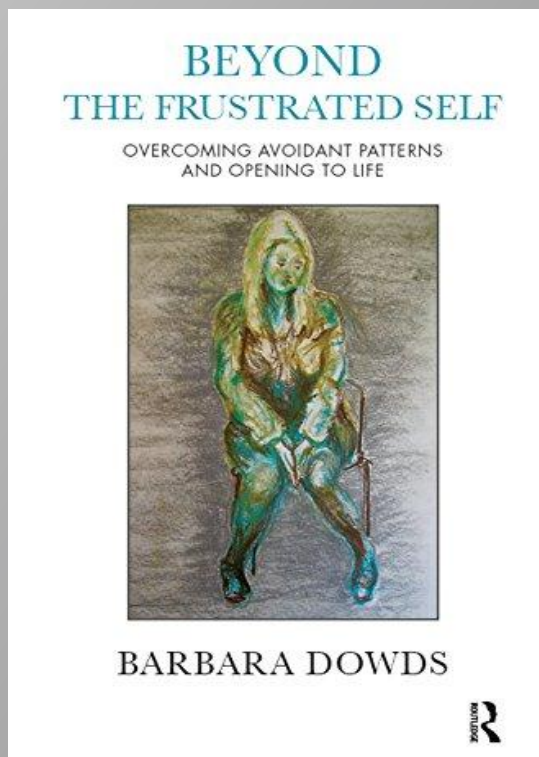
Thursday 9 May 2019

**Time:**

6 pm. – 8 pm.

**Venue:**

NUI Galway, MRA201,  
The Ryan Institute Annex.  
(Entrance opposite Wards, first building  
on right)



Barbara Dowds is a psychotherapist, supervisor and trainer, interested in the interface between psychological suffering and socio-cultural forces. Her latest book *Depression and the Erosion of the Self in Late Modernity: the Lesson of Icarus*, Routledge (2018), investigates the reasons for the ongoing increases in depression and anxiety in contemporary society. Barbara had a previous career as a geneticist and was a senior lecturer in Biology in NUI Maynooth until 2002.

Organised by School of Political Science and Sociology, NUI Galway